

Elk Point REVIEW

Bringing You the News since 1984

Tuesday, January 18, 2011

Vol. 31 No. 3 • \$1 (GST incl.)

CAPC

Heads into a new year

Page 2

Chamber

Plans street festival

Page 3

Atoms host
tournament

...Page 5



Vicki Brooker photo

Two chairs, no waiting

Dana and Gordon Gadwa were among a dozen volunteers who sacrificed their hair to clippers wielded by the mother-daughter team of Colleen Anderson (left) and Brianne Greening on Saturday night at a fundraiser at the Empress for Colleen's sister, cancer victim Becky Millar.

Waste truck, sweeper on town's list

By VICKI BROOKER

Review Staff

The town of Elk Point's 2011 shopping list includes both a sidewalk sweeper attachment for their Bobcat loader and a garbage truck so the town can make the move back to doing their own residential waste collection.

Three prices were obtained for the sweeper, and council moved last Monday to approve the public works committee's recommendation to make the purchase for \$5,300.

Council also approved the committee's recommendation to tender the purchase of a new garbage truck. The current residential waste contractor has given the town notice that they will discontinue collection as of Feb. 28, and because it will likely take longer than that to obtain a truck, the town will ask the company for a time extension. Town manager Myron Goyan explained the tendering process to council, noting the requirements to advertise widely to attracting tenders.

Proceeding on track

Council gave all three readings to their new council procedures bylaw, which sets out the format of council's meetings, after first receiving clarification on the differences between special meetings and meetings of the council as a whole. The latter is defined as a committee meeting and closed to the public, while special meetings and council's regular meetings are open to the public, although council can go into camera to discuss sensitive issues.

Chamber request

Chamber of commerce president Sandy Smith visited council to outline the chamber's plans to expand on the Elk Point Auto Club show and shine with a pancake breakfast, entertainment, games and street vendors and asked if the town would waive the usual requirement that vendors obtain a business license, for that day only. Council discussed the request later in the meeting and agreed that the event is good for the community and that added events would increase this benefit even further, before agreeing to waive the license requirement.

(Continued on Page 2)

County passes draft for 2011 strategic plan

By SHAUNA BURKE
Review Contributor

At its Jan. 11 meeting, County of St. Paul council passed the final strategic plan for 2010 and the draft strategic plan for 2011. Steve Upham, reeve for the County of St. Paul, said the strategic plan provides guidance for the issues the county will be facing throughout the year.

Some highlights of the plan include the county's intention to continue participating in the St. Paul Regional Water Commission and the Wellness Clinic Committee.

"We are also starting to work on policies and procedures for public works and for council in general," said Upham, adding that county will seek input from the

ratepayers on the land use bylaw, the municipal development plan and next year's draft strategic plan. He said there has been some interest from the Town of Elk Point to work on an inter-municipal development plan, similar to the one with the Town of St. Paul.

In terms of fire services, Upham said that this year, the county will start planning new fire halls in Mallaig and Ashmont.

The strategic plan included a list of road projects planned for the summer of 2011; a complete list of the projects is available on the County of St. Paul website.

Wellness Clinic Working Committee

The County of St. Paul was asked to appoint two members to the Wellness Clinic

Working Committee, which is a subcommittee of the Wellness Clinic Committee, that will work directly with developers.

Coun. Maxine Fodness nominated Upham and Tim Mahdiuk, assistant CAO for the county, for the positions and council carried a motion to approve the nominations.

Change in office hours

A change in office hours was prompted by an incident that occurred during the lunch hour of Dec. 23 in which an unhappy resident came into the County of St. Paul office building at 12:30 p.m. and intimidated one of the staff that was working alone at the time. Although the staff member was not hurt, council heard that the person in question was very upset by the incident.

Rather than having office staff work alone over the lunch hour, council passed a motion to close the office from 12 p.m. to 1 p.m., except during the months of mid-May to mid-July, during which time residents come in to pay taxes.

Subdivision Appeals Board

There were two names brought forward as possible nominees for the member at large position on the Subdivision Appeals Board. Coun. Glen Ockerman recommended former councillor Tom Kurek while Fodness suggested Sylvia Harder. Because there was more than one name recommended, a secret ballot was held and the majority chose Tom Kurek to sit on the board.

(Continued on Page 2)

If you're looking for a tidy SUV ...

CALL BRIAN TODAY for more information on this

Toyota FJ 4X4 Cruiser

Zarowny Motors Ltd.

Giving a little extra for you!

HWY. 29 WEST ST. PAUL 645-4468 OR 1-800-522-4115 WWW.ZAROWNY.COM

SOLD 5122 - 55 Street - 3 bdrm, 1975 mobile home, newer kitchen, countertops, laminate flooring. Incl. lot and single garage. **Terrific buy at \$69,900**

SOLD 5106-56 Street - You'll be amazed at the room and the price! 1396 sq. ft., 4 bdrms, bath with dbl. sinks, fenced front yard. Incl. lot. **Only \$79,900**

ONLY \$116,000 979 sq. ft. bungalow - 1 floor, 2 large bdrms., large kitchen island & appliances, upgraded bath, washer / dryer, fenced yard. Don't miss out! **MLS#0015199177**

For more great listings, see www.cbteamrealty.ca

780-724-4444

5014 - 50th Ave., Elk Point, AB team@elkpointrealty.com

COLDWELL BANKER TEAM REALTY

COUNTY OF ST. PAUL No. 19



HIGHLIGHTS

January 11, 2011 Council Meeting

Administration Office Hours – Council decided that **effective February 1, 2011**, the County of St. Paul Administration Office will be closed for lunch between the hours of 12:00 – 1:00 p.m. However in order to accommodate ratepayers during property tax season, the office will remain open during the lunch hour from the middle of May to the middle of July. If residents need to make a payment during the lunch hour, they can deposit in the mail slot at the front door and a receipt will be mailed.

Bylaw No. 1563 – InterMunicipal Development Plan – A joint Public Hearing with the Town of St. Paul was held on January 5, 2011. Approximately 20 ratepayers from the County attended the public hearing to voice their concerns with the proposed Inter Municipal Development Plan. After hearing the comments made by the public, Council was comfortable that the areas of concern will be reviewed at a later date, as the IDP is a working document and will be updated periodically or at least every three years. Council gave second and third readings to Bylaw No. 1563 to accept the InterMunicipal Development Plan.

Strategic Plans – The 4th quarter update to the 2010 Strategic Plan is now complete and the 2011 Strategic Plan has been approved. Council agreed to amend the 2011 Strategic Plan to include an Annual Planning Retreat instead of a planning meeting. Prior to the Planning Retreat, Council will hold a public meeting to allow ratepayers the opportunity to provide input for Council to take to their Planning Retreat. This Retreat will then be closed to the public. Both Strategic Plans can be viewed on the County's website.

2011 Salary Approval – Council approved salary increases for Public Works hourly staff to bring them more in line with neighbouring municipalities. Salaried staff wages were reviewed against the AAMDC Salary survey. Council approved 1.5% Cost of Living Allowance for all salary and wage grids.

Equipment for Public Works Department – Council approved the purchase of several pieces of equipment to be purchased from the 2011 budget

- 4 – 14M Cat Graders with a trade-in of three (3) graders for a difference of \$1,246,466
- 1 – DBT Crawler Tractor with a trade-in of a D8R for a difference of \$516,000
- 1 – 3500 Automatic Plow Truck Gas Extended Cab 4X4 for \$33,669
- 2 – 2 way blades for \$12,200

Rates for Gravel Sales to County Ratepayers – Effective immediately rates for gravel sales to County ratepayers will increase. Previously residents paid \$5.50 per yard plus truck haul of \$4.10 for a total of \$9.60 plus GST. The new rates are \$8.00 per yard plus truck haul of \$5.00 totaling \$13.00 plus GST. These changes were made to reflect increasing costs to the County.

2011 Road Construction Season – Council approved approximately 18 miles of road for construction in 2011 season in the strategic plan. Some of these miles were approved in 2010, but due to the challenging weather in the summer of 2010 not all projects were completed. These roads will be included in the 2011 budget process; however this approval allows Public Works to begin working on obtaining easements from affected residents.

Elk Point Fire Hall – Council was presented with the final costs for the Elk Point Fire Hall. Even though the final costs were higher than budgeted, Council felt that this was a 50/50 project and made a motion to forward funds to the Town of Elk Point equal to 50% of the project. The final County portion totaled \$885,393. The budgeted portion was \$755,000. To fund the shortfall, Council approved reallocation of MSI Capital grants of \$55,000; reallocation of unspent Fire Capital dollars totaling \$67,000 and the balance of \$8,393 from operations.

Wellness Clinic Working Committee – Reeve Upham and Tim Mahdiuk, Assistant CAO have been appointed to represent the County on the Wellness Clinic Working Committee to work with the Town of St. Paul and the Developers. This committee is a sub-committee of the larger group made up in part of two representatives from the County and two representatives from the Town.

SDAB Member at Large – Tom Kurek has been appointed as the fourth member at Large to the Subdivision and Development Appeal Board.

Presentation by AEMA – Bryan Bepalko, Safety Supervisor, will be working on a Regional Meeting with Dieter Langer, AEMA Emergency Management Field Officer for East Central Alberta, to give a presentation on Council Responsibilities Before, During and After Emergencies.

Regional Economic Advisory Board – Council has agreed to work with the Towns of St. Paul and Elk Point to form a Regional Economic Advisory Board. Administration will begin working on the terms of reference for the board.

Funding – \$300 for the St. Paul Junior Curling Association.

Conferences/Seminars – Staff members and Council members were approved to attend the following conferences & seminars:

- Emerging Trends Municipal Law Seminar – D. Bergheim, K. Fedoretz
- ASB Provincial Conference (Thurs. & Friday only) – Sheila Kitz
- Northern Lights Library System Board Orientation – D. Dach, M. Fodness
- Construction Expo – L. deMoissac, B. Kinjerski. They will be reimbursed the same amount that they would receive for subsistence and accommodations if they attended the AAMD&C Convention which is held at the same.

The 2011 Permit Fee Schedule has been uploaded on the County Website under Departments/Planning & Development/Permits.

For more information contact
Sheila Kitz, CAO, County of St. Paul
at 780-645-3301, ext. 208.

Our website is a useful way to get the information you need.
Visit: www.county.stpaul.ab.ca



Vicki Brooker photo

Clipped for a good cause, a dozen friends and family members surround cancer victim Becky Millar with their love and support at the conclusion of Saturday's hair cutting fundraiser. Left to right are Gordon and Dana Gadwa, Geoff Hyslop, Reg Smith, Jason and Colleen Anderson, Tyson Slywka, Becky Millar, Brianne Greening, Kent Bernard, Matt Cousins, Dave Cousins and Bretton Greening.

Town council New year for CAPC

(Continued from Front Page)

Serving seniors

The town recently received a request for nominations of deserving individuals for senior citizens service awards, and after some discussion, council s agreed to submit the name of Diana Anderson, former Alberta Council on Aging president, current Health Advisory Council 5 chair and Grandparents' Day coordinator, as a nominee for the award.

Arts patrons

Council also discussed a request for financial support for the Kalyna Country Performing Arts Association, and agreed to support the group with a \$50 donation.

Trail development

Council set Thursday, Jan. 27 for their Iron Horse Trail information night, starting at 7 p.m. at the Elk Point Seniors' Recreation Centre, where improvements to the Iron Horse Trail and plans for development of trails in and near town will be outlined and input gathered from the public. Coun. Dwayne Yaremkevich, who represents Elk Point on the North East Muni Corr board, suggested council send Muni Corr a letter requesting permission to pave a portion of the in-town stretch of the Iron Horse Trail, and asking what guidelines must be met.

By VICKI BROOKER Review Staff

It's a new year, and the County of St. Paul and town of Elk Point have a new 911 provider. County Coun. Glen Ockerman told Elk Point Community Advisory Policing Committee members last week that the regional system has now switched to Bonnyville, "and I think it will be a success. We haven't had any complaints yet."

The county's continually growing GIS and rural addressing programs will also help emergency responders to reach situations in a shorter time frame, he noted.

Kelly Dion-McFeeters said Frog Lake's new map book, along with those being created by Kehewin and Cold Lake First Nations, will be part of an online portal that emergency workers can access, now the tribal council has signed a data sharing protocol.

CAPC members all had an opportunity to share concerns and report on recent activities of the groups they represent.

F. G. Miller High School Christmas brunch was very successful with 31 bags of stuffed toys donated to Victim Services, vice principal Cheri Lindquist said. The school has obtained funding through FCSS to for speaker Bill Gordon, founder of a group that encourages esteem building and random acts of kindness. (Continued on Page 8)

IRON HORSE TRAIL INFORMATION NIGHT

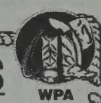
Thursday, January 27, 2011

7:00 p.m.

Elk Point Senior Citizens Drop-In Centre
Everyone Welcome!



UPCOMING AUCTIONS



- **Regular Livestock Sales** held every Tuesday starting at 10 am.
- **Thursday February 3 12 noon Bred Cow Sale** - Please deliver cows before 1 o'clock Wednesday if you want them preg tested.
- **Thursday February 17 6 p.m. Regular Horse Sale** - 5% buyers fee applies to horses and tack

WESTERN PRIDE AUCTION CO LTD

Box 6587, Bonnyville, AB T9N 2H1

Located North side of Bonnyville on Hi-way 41

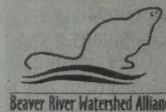
OFFICE: 780-826-2233

Marc: 780-826-7976 Andy: 780-645-6695 Robert: 780-826-1131



LAKELAND INDUSTRY & COMMUNITY ASSOCIATION

In partnership with the BEAVER RIVER
WATERSHED ALLIANCE (BRWA), and
LICA's AIRSHED ZONE, present:



PRESENTATION SERIES EVENT #4 & BOOK LAUNCH

**"World's Greenest Oil-
Turning the Oil Sands from Black to Green"**
Guest Speaker: Author **Dr. Peter Silverstone**
WHERE: **Shaw House**

Highway 28 West at Vezeau Beach Park
WHEN: **Thursday, January 20, 2011**

TIME: **7:00 P.M.**

Complimentary Admission, Appetizers & Refreshments!

**WHY NOT MAKE ALBERTA'S OIL
THE CLEANEST ON EARTH?**

**EVERYONE IS WELCOME &
ENCOURAGED TO ATTEND!**

Author: **Dr. Peter Silverstone**
www.greenestoil.com



County passes draft

(Continued from Front Page)

Land Leases

At the past November council meeting, council tabled a request to lease a lot sitting on Environmental Reserve land, as councillors were not sure about if they could lease ER land.

Sheila Kitz, CAO for the County of St. Paul, explained, "If council wants to continue leasing this property, we will draft a bylaw and bring it back to the February meeting for first reading. A public hearing can then be held in March. The bylaw and public hearing would have to be done a minimum of every three years." Kitz added, "It is important to note that anyone who leases this property can only enjoy it in its natural state."

Council also had to decide if they would continue to lease to the same family that has leased the land for many years or if they would lease it to an adjacent landowner.

"I don't know how many years the Scott family has leased that from the county but it's way before my time," said Coun. Frank Sloan. "I think we should just get this started and lease it back to the Scott family."

A motion put forward by Sloan to proceed with the bylaw was passed.

Insurance

County council debated a decision to permit Camp Whitney Bible Society as an additional named insured to their insurance policy after Jubilee Insurance raised concerns about such a move. Jubilee said that some of the buildings on the site are quite old but could be insured at actual cash value but the company also wondered if adding the society as an additional named insured would open the door to other church groups when the program is written specifically for municipal operations.

Jubilee requested that if council still wants to include Camp Whitney Society as an additional named insured, it should make another motion approving them and stating that council was aware of the company's concerns.

"This started out as a church group but it is definitely run by community and provides a community service," said Ockerman, explaining later in the meeting that the facility is also open to 4-H and is used for family reunions, just like a community hall. "I would like to acknowledge Jubilee's concern but still include Camp Whitney under the insurance policy."

Council passed a motion recognizing the insurance company's concerns but recommending that the Camp Whitney Society be added as an additional named insured on their policy.

Regional Economic Advisory Board

Council received a request to appoint a council member and two members at large to the Regional Economic Advisory Committee. The new committee would consist of 9 members, three each from the Town of St. Paul, the Town of Elk Point and the County of St. Paul. Upham, who sits on the board for Community Futures, said he did not recommend participating in the group because he felt the organization is being proposed to exert pressure on Community Futures. Upham explained to council that Community Futures is struggling with conflicts between its member communities.

"I am all for this if it is going to supply better service for our ratepayers," stated Ockerman, asking councillors that are on the Community Futures board to clarify their concerns.

Fodness who has been on the Community Futures board the longest, explained that the Village of Vilna, the Town of Smoky Lake, the County of Smoky Lake and Waskatenau set up an organization called the Joint Economic Development Initiative (JEDI) and hired an employee to promote their area. They approached CF to see if the group would help fund or sub-contract the services of their economic development officer.

"Because each of us on

that board are also representatives of municipalities ... what happens is people have difficulty looking at it regionally and it becomes territorial and there are conflicts within the board," said Fodness.

"The desire to form this committee has arisen from a phobia ... of the County of Smoky Lake taking over (and) draining all the funds out of Community Futures through this contract position and essentially taking over Community Futures," said Upham.

Kitz contacted the Town of Elk Point and found that the town's council is in favor of the Regional Economic Advisory Board.

Coun. Cliff Martin made a motion to approve council's participation in the organization and the motion was carried. Martin was appointed to sit on the committee and it was recommended that all council members look around for two members at large that might be interested in joining as well.

Town of St. Paul Library board

The council denied a request to appoint a County of St. Paul representative on the Town of St. Paul Municipal Library Board. The county has never had a representative in the past and Fodness felt the request came because they are having difficulty recruiting members for the board.

Chamber gearing up to entertain car show crowd

By VICKI BROOKER
Riverview Staff

The efforts of two dozen of the volunteers who helped to make the Elk Point Chamber of Commerce Christmas Extravaganza another huge success were celebrated last Tuesday with a dinner at the Seniors' Recreation Centre.

"This is what community is all about," Bob Bezpalko told the group. "Volunteers are the heartbeat of the community, and at Christmas Extravaganza, you managed to put smiles on a lot of faces."

Chamber president Sandy Smith recruited one of the youngest volunteers present, Marco Srdic, to assist with draws for door prizes ranging from restaurant gift certificates to gift baskets, with Len Cole, Lesia Porcina, Melanie Poulin, Bob Bezpalko, Diane Cole, Madison MacDonald, Lynall Slywka, Marie Srdic, Cheri Lindquist and Marco himself taking home the prizes.

With this success behind them, the chamber is already busy planning their next big downtown event, a street festival to be held in conjunction with the Elk Point Auto Club's show and shine on June 4.

Smith is planning to invite crafters and other vendors from a wide area to sell their wares from tents set up along Main Street, and calculates that there could be room for as many as 72 booths. "I hope we'll have people selling many different things, and we'll have entertainment and a pancake breakfast in the credit union parking lot, and events like the baby buggy races we had a few years ago." She plans to send information about the added attractions to the various car clubs "to encourage collectors' wives to come along."

Poulin suggested a "taste

of culture food festival, with eight, or a maximum of 10 booths. We have many cultures here, and if we could pull this off, it might work at Canada Day too." Tickets could be sold that would be redeemable at the food booths, "so people aren't having to handle both food and money," and the vendors could cash in the tickets at the end of the event, she suggested.

Smith said local businesses, which have indicated that they have no problem with the food fair concept, would have the first opportunity to reserve food booth space.

Victim Services

ANNUAL GENERAL MEETING

THURSDAY, FEB. 3RD AT 7 P.M.

County of St. Paul Office

Lower Level - South Entrance

5015 - 49 Avenue, St. Paul

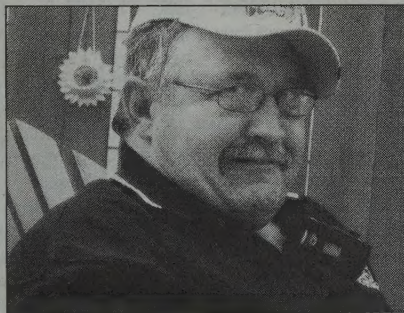
REFRESHMENTS WILL BE SERVED

Serves all communities within St. Paul & Elk Point

RCMP detachments service areas.

ALL COMMUNITIES WELCOME.

VICTIM SERVICES 780-645-8858



"You mean to say I'm

50?"

Elk Point Golf & Country Club

is gearing up for an exciting new season.

REGISTER EARLY (before March 31, 2011)

Save 10%

Membership Fees 2011 GST Incl.

Singles: \$500 Post Secondary: \$200

Couples: \$700 Under 12 Junior: \$50

Junior 12 & Over: \$150

Corporate Books Available

40 Rounds: \$600; 10 Rounds: \$150

* * *

Payments accepted with:

Dave Cousins at 780-614-1480 or

Town Office at 780-724-3810 or

www.elkpoint.ca click on Elk Point Golf Course

SNOWMOBILE SAFETY

Commercial Contest

Deadline February 11, 2011

Alberta Health Services invites residents of northern Alberta to write a 60 second TV commercial about what snowmobile safety means to them and why it's important.

Entries can be submitted by email to:

snowmobilesafety@

albertahealthservices.ca

or mailed to:

Attn: Snowmobile Safety Contest

2101, 10320 - 99 Street

Grande Prairie, Alberta T8V 6J4

The contest winner will receive:

- recognition for their work
- the opportunity to help produce the commercial
- snowmobile safety equipment
- a hands-on snowmobile safety training course for themselves and three family members from ATV World

For more information please phone

780-538-6146

 Alberta Health Services



Janani Whitfield photo

St. Paul Royal Canadian Legion president William Blower (centre) and vice-president John Gregory accepted a cheque for \$825 from the St. Paul Journal's Mandy Paradis, who presented the proceeds from the St. Paul Journal and Elk Point Review's Remembrance Day poppy campaigns.

WAY BACK WHEN...

Cubs, caboose, crystal meth

HERE'S THE NEWS THAT MADE THE HEADLINES OF THE LAKELAND REVIEW AND ELK POINT REVIEW FOR THE WEEK OF JAN. 18 IN...

1986

New Cubs Cameron Zarowny, Les Keith, Irwin Easthope, Richard Piotrowski, Ryan Bullis and Clayton McGinnis were enrolled in the Elk Point pack. Elk Point chamber of commerce studied a number of potential short- and long-term goals, including holding occasional supper meetings with guest speakers, supporting the Hospital Board's plan to recruit additional medical personnel, establishing summer beautification awards, establishing an overnight campsite in town and dealing with the perennial problem of parking, combined with increased levels of traffic.

1991

Elk Point and District Further Education bid farewell to retiring coordinator Gladys Drobot, and welcomed Verona Lea Flanders to the post. Elk Point Pioneer Circle was given the option by town council to purchase their drop-in centre property for \$1, if they required the title to build a new centre on that site, but would have to sell the property back to the town for the same \$1 if they discontinued using the property as their primary facility.

1996

Elk Point Historical Society's CN caboose was loaded up for one last ride, as Larry's Picker Service lifted it with two boom trucks and deposited it on a flatbed for its journey to Heinsburg, where it would become part of that community's railway theme park. Elan Energy Inc. and Gibson Petroleum Co. Ltd. announced plans for a jointly owned 150 km pipeline from Elk Point to Hardisty, which would have a 50,000 barrel per day capacity and which would be in operation by Nov. 1 of that year.

2001

The end of an era came as Agricore announced that their Elk Point and St. Paul elevators would close Jan. 26, leaving Elk Point farmers without a local facility from which to ship grain for the first time in 74 years. No objections were brought forth by ratepayers at a public hearing hosted by the town of Elk Point regarding Anadarko's plans to drill 16 wells per quarter on land immediately adjoining town limits.

2006

The Canadian Professional Rodeo Association's 2005 champion team ropers Travis Gallais and Rocky Dallyn came to the C. G. Baker Arena to instruct a three-day workshop on their sport. Students and the community learned more about the dangers of crystal methamphetamine at a pair of information meetings with hard-hitting messages presented by RCMP Staff Sgt. Ian Sanderson and Sherwood Park resident Audrey Bjornstad.



GUEST COLUMN

Grapefruit eating

Lola B. Walters tells a story about grapefruit that she calls "The Grapefruit Syndrome".

"My husband and I had been married about two years – just long enough for me to realize that he was a normal man rather than a knight on a white charger – when I read a magazine article recommending that married couples schedule regular talks to discuss, truthfully and candidly, the habits or mannerisms they find annoying in each other. The theory was that if the partners knew of such annoyances, they could correct them before resentful feelings developed. It made sense to me. I talked with my husband about the idea. After some hesitation, he agreed to give it a try.

"As I recall, we were to name five things we found annoying, and I started off. After more than 50 years, I remember only my first complaint: grapefruit. I told him that I didn't like the way he ate grapefruit. He peeled it and ate it like an orange! Nobody else I knew ate grapefruit like that. Could a girl be expected watching her husband eat grapefruit like an orange? Although I have forgotten them, I'm sure the rest of my complaints were similar.

"After I finished, it was his turn to tell the things he disliked about me. Though it has been more than half a century, I still carry a mental image of my husband's handsome young face as he gathered his brows together in a thoughtful, puzzled frown and then looked at me with his large blue-gray eyes and said, "Well, to tell the truth, I can't think of anything I don't like about you, Honey." Gasp.

"I quickly turned my back, because I didn't know how to explain the tears that had filled my eyes and were running down my face. I had found fault with him over such trivial things as the way he ate grapefruit, while he hadn't even noticed any of my peculiar, and no doubt annoying ways.

"I wish I could say that this experience completely cured me of fault finding. It didn't. But it did make me aware early in my marriage that husbands and wives need to keep



deanna
EASTHOPE

from the FCSS desk

in perspective, and usually ignore, the small differences in their habits and personalities. Whenever I hear of married couples being incompatible, I always wonder if they are suffering from what I now call the Grapefruit Syndrome."

Oh my, in couple relationships, we often seem to find something different in the other person and we assume that characteristic could be changed to the way we do it because the way we do it is the only right way. So there you go.

There is only one way.

The next question that needs to be asked is the definition of a syndrome. In medicine and psychology, a syndrome is the association of several clinically recognizable features, signs (observed by a physician), symptoms (reported by the patient) phenomena or characteristics that often occur together, so that the presence of one feature alerts the physician to the actual disease or conditional problem.

From the story, the presenting symptom was the need to talk. The added symptom was the need to talk about a seen negative factor that bothered the other person. This becomes: "Let's talk about it!"

All of this brings me back to grapefruit. Why is grapefruit so important in the first place? Grapefruit is high in vitamin C and potassium. It is a good source of folate, iron, calcium, and other minerals. Pink and red varieties are high in beta carotene, a precursor of vitamin A. It is high in fiber, and low in calories (30 to 33 per 100 g). It contains bioflavonoids and other plant chemicals that protect against cancer and heart disease. Half a grapefruit provides more than 50 percent of the adult Recommended Dietary Allowance (RDA) of vitamin C; it also has 325mg of potassium, 25mcg (micrograms) of folate, 40 mg of calcium, and 1 mg of iron. The pink and red varieties are high in beta carotene, an antioxidant that the body converts to vitamin A. A cup of unsweetened grapefruit juice has 95mg of vitamin C, more than 150 percent of the RDA, and more of the other nutrients found in the fresh fruit.

We could go on about the value of grapefruit, but the bottom line in the story should be that her husband ate grapefruit. It should not have been important how he ate it. Was she just searching for something negative so she could talk?

Oh my, analyzing this story can get involved. Anyway, Happy grapefruit eating everyone! Grapefruits are important, any way you eat them.

The Elk Point Review publishes a variety of opinions as a contribution to debate on matters of public concern. Unsigned editorials express the view of this newspaper's editorial board which includes the Publisher and the Editor. Signed pieces express the view of the individual writer.

ELK POINT REVIEW

5022 - 49 Avenue, Elk Point, AB

Mailing Address:

Box 309, Elk Point, Alberta T0A 1A0
or Box 159, St. Paul, Alberta T0A 3A0

Publisher: Clare Gauvreau

Editor: Vicki Brooker

Email Address: production@stpaul.greatwest.ca



Vicki Brooker
EDITOR



Melanie McRae
SALES
FRONT DESK

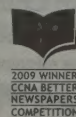


Doug Bassett
SPORTS

ADVERTISING DEADLINE
Classified Ads - 4:30 p.m. Thursday Display Ads - 12:00 noon Thursday
Phone 780-724-4087 Fax 780-645-2346

SUBSCRIPTIONS: Local - \$31.50, Other Rural \$37.80, Letter Courier - \$43.05

Affiliated Member of the Alberta Weekly Newspaper Association,
Canadian Community Newspapers Association



We acknowledge the financial support of the Government of Canada through the Canada Periodical Fund (CPF) for our publishing activities.

Canada

Advertisements designed, set and produced by the Elk Point Review as well as pictures, news, editorial content and other printing material are protected by copyright and may not be reproduced without the expressed written permission of the Publisher. Advertising is accepted on the condition that, in the event of a typographical error, that portion of the advertisement occupied by the erroneous item will not be charged for, but the balance of the advertisement will be paid for at the applicable rate.

Atom Avalanche hosts annual tournament

By DOUG BASSETT
Review Sports

Winning two out of three is not bad, especially if the one game you lost was by one goal only. This past weekend, the Atom Avalanche was the host team for a four-team tournament. They played the Vermilion No. 1 team first thing Saturday morning winning 3 to 1. Team captain Alex Hunter with two goals, Brody "the Big O" Odgaard with a

single assisted by Dustyn Pankiw. Garrett McGillivray was solid between the pipes.

In their second game Saturday afternoon the Avalanche would lose a tough one to Lloydminster 6 to 5. The "Big O" and Alex Hunter with two goals each, Carson Ference finding the twine with a howitzer, Angus McFarlane and Chad Poitras assisting. Dustyn Pankiw getting the call to mind the cage in this one.

On Sunday morning the Avalanche hit the ice again, this time facing Vermilion No. 2, coming out on top 10 to 3. Alex Hunter with four goals, two each for Carson Ference, "the Big O" and Angus McFarlane. Corner man Chad Poitras doing the dirty work to set up the goals, he only assisted on one, but his fore checking and mucking it up in the corners should have been rewarded. Another warrior credited with an assist, Warren Ference also battled in front of the net many times with the opponents. Tammy Roberts was hustling both ways creating turnovers, tag team Taylor Pankiw and her hard-nosed brother Dustyn on the blue line were solid as a rock.

(Continued on Page 7)



Elk Point Atom Avalanche

Elk Point Atom Avalanche were all ready to roll against Vermilion on Saturday morning when players and coaching staff took time out for a photo.

IN MEMORIAM

BERG, Leonard
Sept. 28, 1917 - Jan. 23, 2002

In memory of Leonard Berg

*Deep in our hearts,
Your memory is kept.
To love and to cherish,
To never forget.*

Truly missed by wife Norma, children: Blaine, Harvey, Howard, Ingrid & Vali, grandchildren, great-grandchildren, sister: Vera Thir, numerous nieces and nephews.

Call the Experts

ACCOUNTING

H&R BLOCK®
BOOKKEEPING & ACCOUNTING
* Payroll * GST Returns
* T4s & T5s * Financial Statements
* Corporate Tax Returns
* Non-Profit Organizations Welcome
4802 - 50 Avenue, Downtown Mall
St. Paul, AB 780-645-5540

AUTOMOTIVE SERVICES

Tony's Glass

Services 1993
• Windshields • Mirrors
• Safety Glass • Sealed Units
• Plexiglass • Rock Chip Repair
5022 - 51 Avenue, St. Paul, Alberta
Phone: 645-6013

24 HR. TOWING
BPK
AUTO TRUCK PARTS
→ Complete Mechanical Repair ←
Used auto & truck parts • Used tire sales
WE PURCHASE VEHICLES FOR DISMANTLING PARTS LOCATOR SYSTEM.
780-645-2363
Located on the corner of Hwy. 881 South & Armistice Road

CATERING SERVICE

SHIRLEY'S CATERING
UKRAINIAN DISHES & MANY OTHER DISHES
Medium or Large
WEDDINGS AND BANQUETS
Call/Fax 780-645-6683

COMPUTER REPAIR SERVICE

io
Computer Solutions
BUSINESS & RESIDENTIAL
15 + Years Experience
On-Site or Drop Off
Networks / Servers / Workstations
Call 780.645.9271 or Email jamie@iqcomputers.ca
4333 - 50 Avenue, St. Paul, AB

TALLTECH COMPUTER SOLUTIONS

"THE TALLEST TECH IN TOWN"
Hardware / Software Troubleshooting and Repair
Virus / Spyware Detection, Removal & Prevention
Printer Troubleshooting and Repair
Network Equipment Installation and Maintenance
On-Site System Training and Support
Door-To-Door Pickup and Delivery Service Available
"10 YEARS OF EXPERIENCE"
Kevin Brundage
Network Specialist
Phone: (780) 645-2415
Email: talltech@gmail.com

CONSTRUCTION SERVICE

STAMPED CONCRETE • BOBCAT SERVICE
CARPENTRY • LANDSCAPING • DUMP
TRUCK SERVICES • FREE ESTIMATES
• SNOW REMOVAL
DOWNRITE
CLAYTON BERLINGUETTE
780-646-0438
down.rite@hotmail.com
www.down-rite.com

LOUGHRAN Homes Ltd.

Custom Home Builder
FOUNDATIONS, FRAMING,
SHINGLING
RESIDENTIAL / FARM / COMMERCIAL
KERRY 780-614-5054 ST. PAUL, AB

CONTRACTOR

EXCEL
EAVESTROUGHS
David Jean
Cell 645-0211
Res. 645-9211

CUSTOM WORK

GENERAL LEE
Potable Water Hauling
24/7
COMMERCIAL OR RESIDENTIAL
Hot Tubs, Pools, Cisterns, etc.
Gravel truck, skid steer, tool / picker truck,
tractors with blades, packer or disc, tank trucks,
and labourers also available.
Call Lee at 780-645-8033

EQUIPMENT RENTALS

NORTHERN SOURCE INC.
EQUIPMENT SALES & RENTALS
From Farm Equipment to
Air Nailers and much more
Now Selling Custom Truck Accessories
PHONE 780-646-0774

What's black and white and
READ all over?

READ US WEEKLY
FOR UP-TO-DATE
COVERAGE.

Elk Point
REVIEW

HOME RENOVATION

Jonny O's HOME RENOS
Flexible Hours
Great Rates
Call for Free Estimate
780-645-2080 780-614-5365
Email: jonbojo@yahoo.ca

Donna's
Painting &
House Cleaning
Services
PHONE: (780)724-4414
CELL: (780)614-1952

HOME SERVICES

Stewart Realty
REALTOR
I WILL SELL YOUR PROPERTY
MLS
www.robreynolds.ca 780-210-0411
MULTIPLE LISTING SERVICE

QUALITY PERSONAL CARE & CLEANING SERVICES
Carpet & Upholstery Cleaning ~ Scotch Guard
REASONABLE RATES
FREE ESTIMATES
Roland Fontaine
Call 645-4302 Cell 614-0430 Fax 645-3773

INSURANCE SERVICES

ELK POINT INSURANCE LTD.
Est. Since 1956
4826 - 50 Street
Elk Point, Alberta T0A 1A0
Bus. 780-724-3926
Fax 780-724-2424
Toll Free 1-888-724-3922
- All Classes of General Insurance
- Life Insurance
- Alberta Registries
Your Insurance Broker Understands

TANNAS INSURANCE BROKERS LTD.
4902 - 50 Street
St. Paul, Alberta T0A 3A0
OFFICE 645-2901 FAX 645-3637

MORTGAGES & LOANS

DOMINION LENDING CENTRES
DLC Concession Mortgage and Lending Inc.
Joe Wamboldt, AMP
780-614-1484
www.theightmortgageforyou.ca
"give your next mortgage TWO THUMBS UP!"
CAAMP ACCA

MOVING SERVICE

MOVING???
For Personal Service at Reasonable Rates
Moving, Delivery - 24 Hours
Heated (Self) Storage - Free Estimates
Phone or Fax 780-645-5505
ROY'S EXPRESS
BOX 796, ST. PAUL, AB.

ORTHODONTIC SERVICE

ANTHONY MACISAAC B.S.C. D.D.S. M.S. F.R.C.D. (C)
Orthodontic Specialist
Fellow of the Royal College of Dentists of Canada
Diplomate of the American Board of Orthodontics
member of
Canadian, American and Alberta Association of
Orthodontists
COLD LAKE 780-639-4000
ST. PAUL 780-645-6630

WATER TREATMENT

RUSTY HARD WATER? HOT TUBS
• Air Max Iron Filters
• R/Os, Distillers, UV Lights
• Crystal Max Softeners
Starting at \$1199 Installed
• Pacific Hot Tubs
• Hot Tub Supplies & Accessories
BONNYVILLE WATER CONDITIONING LTD.
OPERATING IN NORTHEASTERN ALBERTA
6021 - 50 Avenue, Bonnyville 1-800-661-8235
FAST, RELIABLE CUSTOMER SERVICE

YOU COULD BE ADVERTISING YOUR PRODUCT IN THIS SPACE
Call
780-724-4087
for more information.

CLASSIFIED INDEX

0000	Announcements Directory
1000	Employment Directory
2000	Arts & Entertainment Directory
3000	For Sales Directory
4000	Agriculture Directory
5000	Real Estate Directory
6000	Automotive Directory
7000	Services Directory
8000	Home Improvement Directory
9000	Personals Directory

5170. Duplex/4 Plex for Rent

4 BEDROOM DUPLEX, Bonnyville. Complete with fridge and stove. 12x20 single car garage. Call Dennis (780)826-8572. Available February 1st.

130. Coming Events

PERFECT FOR CHILDREN aged 2 - 6, Toopy and Binoo and the Marshmallow Moon brings adorable TV adventures to life on stage at the Northern Alberta Jubilee Auditorium, Sunday, Jan. 23, 1 & 4 p.m. Prepare for musical encounters with Loud Mouth Crooner Fish, Rock 'n' Roll Sheep and other zany characters! Tickets at ticketmaster.ca.

200. Business/Invest. Oppor.

FARMERS/ACREAGE OWNERS: Profit from growing Rhodiola Rosea (herb). 2010 Premier's Gold Award of Excellence for Rhodiola Rosea commercialization; www.arrogo.ca. Free workshop, Monica 780-983-0199; monica@arrogo.ca.

GET PAID DAILY! Now accepting: Simple part-time and full-time online computer work is available. No fees or charges to participate. Start today; www.onwoc.com.

JEWELLERY SALES Opportunity! New to Canada, trendy, affordable! Work from home. Earn great money & vacations. Contact Curt for catalogue and business information; ckjewellery@shaw.ca. 403-909-4302.

MOMS EARNING MORE. Work from home part or full-time. No selling. No inventory. No parties. No risk. Visit www.momsearningmore.com or call 1-866-843-5508.

400. Courses/Classes

NEED A CLASS 1 or 3 license? SALE ON NOW! Lakeland College provides quality driver training at affordable rates. Call Rae @ 1-800-661-6490

410. Education/Training

MEDICAL TRANSCRIPTION is rated #2 for at-home jobs. Train from home with the only industry approved school in Canada. Contact CanScribe today! 1-800-466-1535; www.canscribe.com; info@canscribe.com.

1500. Help Wanted - Prov.

HAVE FUN making money as an actor, actress or film extra on Calgary movie sets. All ages required. Phone 403-521-0077.

500. Tenders

TENDER

The Town of Elk Point is currently accepting tenders for a

NEW GARBAGE REFUSE TRUCK

This will be a complete unit with minimum 16 cu. yd. refuse body and single axle chassis.

For further details and specifications, call Jay Duffy at

780-645-0443

or visit our website at: www.elkpoint.ca

Tenders will close at noon on Feb. 2, 2011.

1500. Help Wanted - Prov.

FREIGHTLAND CARRIERS, a tri-axle air ride flatdeck carrier is looking for owner/operators to run Alberta only or 4 western provinces. Call Archie 1-800-917-9021.

FURTHER YOUR CAREER with an industry leader! Watrous Power Systems has a Mechanical Designer/Draftperson opening in our Calgary office. Check out www.watrouspower.com for detailed information. Email: careers@watrouspower.com.

GOLF COURSE MANAGER, Kananaskis Ranch. Prior course management experience. Quality computer, marketing, communications, organizational and HR skills required. Forward resume with current references to: golf@kananaskisranchgolf.com.

HEAVY EQUIPMENT SERVICE Technicians/Parts Persons. Brandt Tractor has field and shop positions available in many locations throughout Canada including: Calgary, Cranbrook, Edmonton, Fort McMurray (rotating shift schedules), Fort Nelson, Fort St. John, Grande Prairie and Red Deer. Brandt also has positions available for Resident Field Technicians to be located in Drayton Valley, High Prairie & Wainwright as well as Parts Persons positions for Edmonton & Ft. McMurray. Brandt Tractor is the world's largest privately held John Deere Construction & Forestry Equipment dealer and a Platinum member of the Canada's 50 Best Managed Companies Program. Find out more about our other career opportunities including parts and sales positions at www.brandttractor.com or by calling 306-791-5979. Email resume indicating position title and location to: hr@brandttractor.com or fax 306-791-5986.

IMMEDIATE POSITIONS: Picker/crane operators, winch/tractor drivers, swamper/labourers. Resume to Leachman Oilfield Trucking. Fax 780-753-4860. Email: rchopek@leachmanoilfield.com. Pre-employment drug screen in effect.

LOG TRUCKS WANTED. Log trucks wanted immediately to haul into Spray Lake Sawmills, Cochrane, Alberta. Contact Vern Graham 403-852-6407 or Rob Berndt 403-851-3388. Email: woodlands@spraylakesawmills.com

OVER-D TRUCKING in Fairher, Alberta is seeking a picker truck operator. Email resume, drivers abstract and boom ticket to: nathan.overd@telus.net. "Great wages, exceptional work environment."

SEEKING A CAREER in the Community Newspaper business? Post your resume for FREE right where the publishers are looking. Visit: www.awna.com/resumes_add.php.

1500. Help Wanted - Prov.

ADVERTISING TRAFFIC COORDINATOR. Location: Edmonton, Alberta. The Advertising Traffic Coordinator will be responsible for handling and "preflighting" incoming print advertising material and distribution to our member newspapers. Some design and PDF file manipulation may be required. This position will ensure the ads are produced correctly and quality controls are used as part of the order fulfillment. Your attention to detail is vital and organizational skills will be key to success. Qualifications: 1 - 3 years of experience in the newspaper or advertising business would be considered an asset. Post secondary education in Business Administration or equivalent. Proficient in MS-Office, particularly Excel. Experience with Adobe Acrobat, Indesign Illustrator, and Macintosh computer environment is preferred. Strong attention to detail and the ability to work well both independently as well as in a team environment. Note: This is a 4-day per week position, totaling 30 hours per week. Application Process: Please submit your resume and references by email or fax to: info@awna.com. 780-430-5380. No phone calls please. Position available immediately. Please visit our website for more information at www.awna.com.

ENSGIN ENERGY SERVICE Inc. is looking for experienced Drilling Rig, & Coring personnel for all position levels. Drillers, Coring Drillers \$35. - \$40.20, Derrickhands \$34. - Motorhands \$28.50, Floorhands, Core Hands, Helpers \$24. - \$26.40. Plus incentives for winter coring! 1-888-ENSGIN-0 (1-888-367-4460). Fax 780-955-6160. Email: hr@ensginenergy.com.

Be Wise...ADVERTISE

FINE ARTS CERTIFICATE, diploma or degree. No portfolio required for entrance into first year. Transferable to University of Alberta, Calgary, Lethbridge or Alberta College of Art and Design. On campus residences. GPRC, Grande Prairie Campus. Call 1-780-539-2909 or www.gprc.ab.ca.

1040. Careers

1040. Careers

1500. Help Wanted - Prov.

MORGAN CONSTRUCTION & Environmental Ltd. is looking for experienced dozer, grader, excavator, scraper operators and labourers for work in the oilfield and heavy civil construction projects. Clean driver's abstract and all safety tickets a must (Standard First Aid, H2S, CSTS/PST and Ground Disturbance II). Competitive wages, full benefits. Resumes can be faxed to 780-960-8930, emailed to: careers@mcel.ca in word format, or apply in person at 702 Acheson Road, Acheson, Alberta. Only those contacted will be interviewed.



1005. Help Wanted

1005. Help Wanted

CONTRACT EMPLOYMENT OPPORTUNITY

"CLUB HOUSE MANAGER"

For Elk Point Golf & Country Club

Overview. Oversee operations of the Club House. Manager will be responsible for the day to day operations of the Club House and be reporting directly to the executive of the Elk Point Golf and Country Club. Must have Food Handlers and Pro Serve Certificate. Duties and wages will be discussed upon approval of applications.

Mail resume with salary expectations to:

Elk Point Golf Club

Box 1174, Elk Point, AB., T0A 1A0

Deadline for reply is February 15, 2011.

Shellshock

OILFIELD SERVICES LTD.

Rapidly growing company providing quality equipment and services to the heavy oil and gas industry. Regular scheduled days off. Above average wages, and benefits. Oilfield safety tickets an asset. Experience preferred but willing to train the right person. Working in the Elk Point, AB. area. Possible accommodations.

Currently seeking:

- 1) Flushby Operators (Class 3)
- 2) Flushby Swamper (Class 5)
- 3) Pressure Truck Operators (Class 3)
- 4) Semi Vac Operators (Class 1)
- 5) Laborers (Class 5)
- 6) Heavy Duty Mechanic

Also Hiring Lease Operators for the following:

- 1) Flushby; 2) Pressure Truck
- 3) Semi Vac; 4) Body Vac

Send resume to: Fax 780-724-4924

Phone: 780-645-0040 or 780-645-0301

Email: shellshockoilfieldservices@hotmail.com

1500. Help Wanted - Prov.

PROVINCE-WIDE Classifieds. Reach over 1 million readers weekly. Only \$259. + GST (based on 25 words or less). Call this newspaper NOW for details.

WANTED: Experienced oilfield truck drivers. Full-time position. Must have valid oilfield tickets. Call 306-297-2861 or fax resume to 306-297-3039.

3210. Misc. For Sale

\$38.95 HOME phone service - Reconnect your home phone! No one refused - \$38.95 monthly - \$18.95 one time activation - \$18.95 unlimited long distance. Call Choice Tel now! 1 - 8 8 8 - 3 3 3 - 1 4 0 5 ; www.choicecel.ca.

1005. Help Wanted

1005. Help Wanted

DENTAL ASSISTANT

Required for

BUSY PRACTICE IN ELK POINT

Must have excellent people skills, multi-tasking abilities and current certified Level II licence. Advanced training an asset.

Please fax resumes to 780-724-2847

or bring in person to

4905-49 Ave., Elk Point

Telephone calls not accepted.



GIBSON ENERGY

Contract Carriers

Required for BONNYVILLE AREA

Truck with 4" pump required.

We offer scheduled days off

and competitive rates

Contact 780-808-2400

Fax 780-808-2420

For more information about other exciting and challenging career opportunities at Gibsons, please visit our website at: www.gibsons.com

"OUR PEOPLE OUR ENERGY"



INDEPENDENT ELECTRIC & CONTROLS LTD.

IEC is an established progressive company that provides a wide variety of services to the oil and gas, mining, commercial and construction industry. Built on integrity and dedication to the delivery of superior services, our commitment is to insure the successful completion of each project and exceed our customer's expectations.

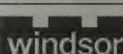
We offer competitive wages, benefit package, matching RSP contributions and an excellent opportunity for advancement.

IEC has recently opened a new branch in Bonnyville, Alberta, and is seeking employees for all positions:

- Journeyman Electrician/Instrumentation & Apprentices
- Electrical/Instrumentation Project Foreman
- NCSO and
- Administrators/Receptionist

Qualified Candidates are invited to forward a resume: khawkins@iecgroupp.ca

Only considered candidates will be contacted.



The Salt Of The Earth®

Lindbergh, AB:

An Ideal Place to Live, an Ideal Place to Work

Whether you use salt to season your food, de-ice your driveway, or disinfect your pool water, there's a good chance it was mined, manufactured and delivered by the Canadian Salt Company. We are looking to fill the following two positions:

JOURNEYMAN MILLWRIGHT INDUSTRIAL MECHANIC WELDER

- Alberta Industrial Mechanic Certification
- 5 years experience as an Industrial Mechanic in a mining or heavy industrial setting
- A senior apprentice may be considered

We offer an excellent fringe benefit package, a competitive salary and relocation assistance.

Please send your resume to: human-resources@windsorsalt.com.

You may also fax it to 780-724-3827.



The Salt of The Earth

CLASSIFIED AD RATES

ELK POINT REVIEW Tuesdays - \$8.00 per week + GST

ST. PAUL JOURNAL Tuesdays - \$9.00 per week + GST

BONNYVILLE NOUVELLE Tuesdays - \$10.50 per week + GST

LAKELAND REGIONAL Mondays - \$10.00 per week + GST

COMBINATION OF 4 PAPERS - \$25.00 / WEEK

(20 cents per word per newspaper insert over 20 words)

lakeland marketplace COMBINATION CLASSIFIEDS

Your classified ad can be read in over 10,000 papers. Select your classified readership for as little as \$8.00 / week.

** Bonus: St. Paul Journal Classifieds also featured online at www.spjournal.com

Corrections - The publisher will be responsible for only one insertion as a correction. It is the responsibility of the purchaser of the classified ad to check their ad after the first publication and let us know if there is a mistake before the next insertion is printed. The publisher will not be responsible for errors in classified ads that have been phoned.

THE WINNING TEAM



Place your order at either of our offices:

St. Paul Journal - 780-645-3342

Elk Point Review - 780-724-4087

Hockey highlights

(Continued from Page 5)

Hats off to all the parents, coaches and players for their extra efforts to make this tournament a huge success; it's a ton of work for everyone involved, but at the end of the day, you know you've had a great tournament when garbage bin is packed full.

The last time these two teams met back in November, the Micro Novice Avalanche managed only one goal against the all second year St. Paul Habs team, but, it was quite a different story this time, after the holiday hockey camp and all the power skating these guys have taken, they improved 150 per cent and a huge crowd, bigger than most of the St. Paul Jr. B games will attest to that. Jaden VanMaarion opened up the scoring with an end to end rush and added two more for a hat trick, Sam "Spiderman" Rogal, Konnor Poiras and Nic Penner all making some big time saves keeping this game within reach, until Luke Poulin kicked it into gear adding three more, tying the game at 6-all. Then it was the "Spring Park Sniper" Kaden Allen firing a bullet into the mesh putting the Avalanche ahead 7 to 6, the Avalanche unfortunately were not able to hold onto the lead, losing this one, but providing great entertainment for everyone.

Also in St. Paul for the weekend the older brothers of many of them, the Novice No. 2 team played in a tournament there, winning their first game by a huge score over Sherwood Park, Devon Nazarchuk, Darrian Rybchinsky, Wolke Cueva and Conner Lychak all with hat tricks, Paige Henderson with two, Corbin Ockerman adding a single. Behind the mask, Erin Duffee recorded the shutout.

In their second game they faced a much tougher team from Lac La Biche, losing this one, Wolke Cueva, Conner Lychak and Devon Nazarchuk all scoring. Charlie "Angel" Rogal was solid on the blue line keeping the pressure on the opposition, he kicked and scratched and did whatever necessary to hold the line and keep the puck in.

A few miles to the northwest the Novice No. 1 team played on Saturday, splitting two games, winning the first one over Bonnyville 7 to 3. Five goals for Hayden Ludlage, Dylan Ference and Liam Ludlage adding singles, Colton Van Maarion between the pipes. In the second game the Avalanche losing a close one in the final two minutes to the host Mallaig, Hayden Ludlage with two, Dylan Ference and Colton VanMaarion adding singles, Parker Allen and Fawn Ockerman adding helpers, Ronan Poulin in the cage for this one.

On Sunday morning the Avalanche traveled to Bonnyville winning 7 to 4, Dylan Ference and Liam Ludlage with a hat trick each, Slader Hardcastle with his first goal ever, Brandon Goertzen getting the assist. This coming weekend the Novice No. 1 team will be hosting their annual tournament, come on down and catch the action.

The St. Paul Midget B Canadians faced off against Provost late Sunday afternoon, and were tied one-all, off a goal by Jason "Juby" Jubinville, assisted by Danny Onciul and Dakota Cross, until late in the second period, when Provost edged ahead, adding two more in the third to defeat the Habs 4-1, who lost both Brandon Gamache and TJ Wapass to ankle injuries. This weekend the Habs are on the road to Hughenden on Saturday and to Pierceland for a game against Cold Lake on Sunday.

And now for the K.A.Campbell quote of the week. "Heads were bashed, benches smashed, and lady spectators fled in confusion." Last week's answer to: "He could thread a needle with a puck, shoot it like a bullet or float it soft. Orr was the only player who could dictate the tempo of the game, speed it up or slow it down. He could seed the whole ice the way a spectator sees it from above." Teammate Eddie Johnston. Do you have a sports scoop? Now you can email them to sportshound007@hotmail.com

CLASSIFIEDS

small ads **BIG** deals

3210. Misc. For Sale

96 POLARIS INDY Snowmobile. Electric Kadence treadmill. Standard treadmill. Kerosene space heater. For more info phone 780-635-4084.

A FREE TELEPHONE Service. Get your first month free. Bad credit, don't sweat it. No deposits. No credit checks. Call Freedom Phone Lines today toll free 1-866-884-7464.

ADVANCE ENGINE SUPPLY. January Special 5.4L Ford Superduty Truck Engine 2004 - 2008, complete remanufactured longblock assembly only \$3700. with 4 year warranty. Call toll free 1-877-465-2702.

BUILDING SALE...Rock Bottom Prices! 25x30 \$6200. 30x40 \$9850. 32x60 \$15,600. 32x80 \$19,600. 35x60 \$17,500. 40x70 \$18,990. 40x100 \$26,800. 46x140 \$46,800. Others. Doors optional. Pioneer Manufacturers Direct: 1-800-668-5422.

1005. Help Wanted

3210. Misc. For Sale

FINE ARTS CERTIFICATE, diploma or degree. No portfolio required for entrance into first year. Transferable to University of Alberta, Calgary, Lethbridge or Alberta College of Art and Design. On campus residences. GPRC, Grande Prairie Campus. Call 1-780-539-2909 or www.gprc.ab.ca.

A-D-V-E-R-T-I-S-I-N-G
an idea that SELLS.

Home Phone Reconnect. Call 1-866-287-1348. Prepaid long distance specialists! Feature package specials! Referral program! Don't be without a home phone. Call to connect! 1-866-287-1348.

LAPTOPS AND DESKTOPS from \$399. or \$25/month. Huge selection of quality brand names. Easy, in-store financing and flexible payment options. Call 1-877-992-9992.

1005. Help Wanted

TEE-JAY WATER HAULING

requires:

CLASS 1 DRIVERS

w/Air Brakes.

Applicants should have H2S, First Aid, and clean Driver's Abstract. FULL BENEFITS.

Location: Bonnyville

Fluid Haul Experience Preferred

Please fax resume w/Driver's Abstract to 780-573-7673

Only those selected for an interview will be contacted.
No Phone Calls Please.

Employment Opportunity

Smyl RV Centre

Requires a Full-Time

RV PARTS MANAGER

EXPERIENCE REQUIRED

Apply in person at:

5115-44 Street, St. Paul

or fax resume to:

780-645-3502

or email to:

rvparts@smylmotors.com

Athabasca University

Athabasca University is one of Alberta's four public comprehensive universities accredited by the Government of Alberta. Specializing in distance and online education, Athabasca University delivers education to over 38,000 students per year. Athabasca University is dedicated to the removal of barriers that restrict access to, and success in, university studies, and to increasing equality of educational opportunity for adult learners worldwide.

Course Materials Digitizer/Quality Assurance Technologist - Community Adjustment Fund (CAF) Centre for Learning Design and Development

The Course Materials Digitizer/Quality Assurance Technologist works under the direction of the Site Supervisors to convert, meta tag and/or verify converted course materials documents.

These positions require basic to intermediate computer skills, including some experience with common operating systems. Familiarity with computers and experience with Microsoft Word is required.

Please visit the job posting on our website to view the full job description.

For further information regarding this position, contact Mel MacGregor at (780) 675-6646 or melm@athabascau.ca.

This full-time temporary position located in St. Paul, AB has a salary range of \$31,522 - \$45,954 per annum.

All qualified candidates are encouraged to apply; however, Canadians and Permanent Residents will be given priority.

To apply, visit www.athabascau.ca. Applicants should forward a letter of application, resume, and the names, phone numbers, and email addresses of three references. Applications will only be accepted via our online recruitment system.

People make Athabasca University successful. A commitment to excellence and innovation in an environment that supports teaching, learning, and personal development makes AU a satisfying place to work. AU was ranked among Alberta's top 50 employers in 2009. The University is committed to employment equity, and encourages applications from women, Indigenous Peoples, persons with disabilities and members of visible minorities.

CANADA'S OPEN UNIVERSITY
www.athabascau.ca

3210. Misc. For Sale

METAL SIDING/ROOFING. Best prices! 36" Hi-TenToughrib 29ga. Galvalume \$.59 sq. ft. Colours \$.65 sq. ft. IN STOCK. 25/30 year warranty. ALTA-WIDE Builders Supplies

1-888-263-8254.
NEVER SHOCK CHLORINATE Again! New! Continuous Shock Chlorinator. Patent Pending Canada/U.S.A. No mess, effective year round for smell, iron bacteria, slime. Inexpensive. Phone 1-800-BIG-IRON; www.bigirondrilling.com.

RODENT AND weather proof sea containers 20 and 40 ft. Great for storage. Also livestock corral panels starting at \$55. Calgary, Alberta. 403-540-4164; 1-866-517-8335; www.magnatesteel.com.

SEA-CAN CONTAINERS LTD. New and used, cargo worthy 8', 9', 10', 20', 40', 48', 53', office units, wind and water tight, delivery available. Phone 780-440-4037. Fax 780-440-1176; info@seacan.com; www.seacan.com.

STEEL BUILDINGS priced to clear. Incredible end-of-season factory discounts on various models/sizes. Plus free delivery to most areas. Call for clearance quote and brochure. 1-800-668-5111 ext. 170.

STEEL BUILDINGS. Rock bottom prices! Pre-Eng & Arch-Style. Over 1300 sold! BC/Alta company. 40 years experience. Professional construction crews. References available. Call now! 1-800-565-9800; www.alpinesteelbuildings.com.

4040. Livestock

SUNGOLD SPECIALTY MEATS. New company Innisfail, Alberta. Looking for lambs, finished Holsteins, grain and grass bison. Year round supply. Contact Randy Smith 1-800-363-6602. 4312 - 51 St., Innisfail, AB, T4G 1A3.

WANTED - HORSES. Buy all types of horses. Pick up in your yard. Ph: 780-645-0939 or 780-657-2057

A-D-V-E-R-T-I-S-I-N-G
an idea that SELLS.

4310. Grain/Feed/Hay

HEATED CANOLA buying Green, Heated or Springthatched Canola. Buying: oats, barley, wheat & peas for feed. Buying damaged or offgrade grain. "On Farm Pickup" Westcan Feed & Grain. 1-877-250-5252.

ROUND HAY and straw bales for sale. Cheap! We deliver, self unloading. No Sunday calls please. 1-403-843-6380.

5003. Real Estate Misc.

HOMEOWNER? Payments too high? Credit less than perfect? Call 1-866-488-8337. Apply on line www.homeloansalberta.com. Alberta Home Loans Inc.

1005. Help Wanted

5003. Real Estate Misc.

LAND OF ORCHARDS. Vineyards & Tides in Nova Scotia's beautiful Annapolis Valley. Live! Work! Bring Business! Free Brochure Website: www.kingsrda.ca. E m a i l : mmacdonald@kingsrda.ca. Toll free 1-888-865-4647.

5200. Acreages For Sale

4.13 ACRES ON SW-4-57-6-W4M, with a 1978 3 bedroom mobile home, with two additions. A porch and family room with a woodburning fireplace. Has custom built cabinets in kitchen, laminate flooring in hallway and kitchen. Appliances included. 26'x48' garage / workshop combination. Workshop has radiant heat. Please Ph:780-724-3170 or 780-614-0471 for more details and price. No realtors please.

5900. Manuf. Homes - Sale

BEAT THE COLD! For a limited time only - Free 2 X 8 wall upgrade and triple pane windows! R-50 insulation on all Grandeur orders! Trades welcome! Call 1-877-945-1272; www.grandviewmodular.com.

OLD STOCK - 2 Only! Fully drywalled 20 X 76 SRI Homes \$117,200. 3 bedroom, den, 2 bath. Many upgrades! Must Go! Call 1-800-461-7632; www.unitedhomescanada.com. Celebrating 40th Anniversary in 2011.

6100. Cars

\$0 DOWN & we make your 1st payment at Auto Credit Fast. Need a vehicle? Good or bad credit call Stephanie 1-877-792-0599; www.autocreditfast.ca. DLN 30309.

BANKRUPT? BAD CREDIT? Call us! All makes and models. Professional credit rebuilders. Delivery Available. Call Garth 403-888-5593 or 1-866-476-1938. Cavalcade Auto Acceptance Corp., serving Alberta for 20 years.

6650. Tires/Parts/Access.

SCRAP BATTERIES WANTED. Buying scrap batteries from cars, trucks & heavy equipment. \$3. each. Free pick-up greater Calgary & Edmonton area. Minimum 10. Toll free 1-877-334-2288.

7245. Misc. Services

\$500. LOAN SERVICE, by phone, no credit refused, quick and easy, payable over 6 or 12 installments. Toll free 1-877-776-1660; www.moneyprovider.com.

CRIMINAL RECORD? Guaranteed record removal since 1989. Confidential, fast, affordable. Our A+ BBB rating assures employment/travel & freedom. Call for your free information booklet. 1-8-NOW-PARDON (1-866-972-7366). www.PardonServicesCanada.com.

CRIMINAL RECORD? Think: Canadian pardon. U.S. travel waiver. (24 hour record check). Divorce? Simple. Fast. Inexpensive. Debt recovery? Alberta collection to \$25,000. C a l g a r y 403-228-1300/1-800-347-2540

MORTGAGES. Refinance, pay debt, renovate, take holiday, or you decide. Equity lending available. Jason 1-877-568-0929, Alberta Home Loans Inc. Website: abhomeloans.ca.

1005. Help Wanted

Tubular Scanning Technician

stationed in Bonnyville, Elk Point or Heinsburg regions
for RD Scan Inc.

www.rdsan.biz

RD Scan Inc. provides tubular scanning services to major oil companies as well as large and small independent producers.

Key Accountabilities:

Your responsibilities will include all duties associated with the on-site scanning of oilfield tubulars as well as performing minor maintenance on the equipment.

Qualifications:

All candidates must be highly motivated, organized and task-oriented. Must be a team player with good interpersonal skills. Candidates must be physically fit and have a clean driving record and a minimum age of 21 years.

Starting salaries per year guaranteed \$40,000 plus commissions and benefit plan. Nine and three schedule. No night shifts and no prior experience required. On-site training provided.

Applications/Resumes for this position and driver's abstract should be mailed in complete confidentiality to:

RD Scan Inc.
Box 7159, Bonnyville, Alberta T9N 2H5
Or by fax: 1-888-367-7198
Or email: operations@rdsan.biz
Contact Sandy for inquiries: (780) 812-6681

We thank all applicants for their interest; however, we will contact only those applicants selected for interviews.

LOOKING FOR

a mature, responsible
handyman for odd jobs
such as home / yard
maintenance
and repair
plus snow removal.
Ph. 780-724-2889

"re-cycle"



Better the
2nd time
around!

PITCH-IN CANADA

Profit sharing from
a financial institution?
I'm dreaming, right?



\$43
MILLION
In Profits
Shared
In 2010

Profit sharing. Members get it.

At Servus, we share our profits with members through the Profit Share program. In fact, we shared \$43 million in profits in 2010. And the more business you have with us, the greater your share.

For more information about the Profit Share program, let's talk.
187SERVUSCU / 1.877.378.8728
servus.ca



feel good about your money.



CAPC

(Continued from Page 2)

Ockerman reported that there have been some complaints about ice buildup on county roads. He asks county residents to be patient, because "2,200 km of roads don't get done in one afternoon with 13 maintainers." Division 1 projects for 2011 include four miles of construction on Peterson Road, north from Laurier Lake.

Coun. Dwight Dach said Division 2 will be improved with two miles of construction south of the river and one and a half miles to be constructed leading off of Hwy. 646 this summer.

Pastor Bill Kryzanowski, Elk Point Christian Community Church, thanked all who contributed to their youth group's project at the local banks.

Dion-McFeeters is currently doing a case study evaluation of Frog Lake's FYI program and is getting good feedback. FYI is looking at including Heinsburg in their program workshops. Some students attended a PARTY Program and found the funeral home portion powerful. The band is currently moving in to the new administration building, and are moving forward on emergency preparedness.

Margaret Modin said activities at the Seniors' Recreation Centre are getting back in full swing. Wednesday afternoon bingos were discontinued, but a new games afternoon is now scheduled for the third Wednesday of each month.

Block Parents are down to two homes and more are needed, FCSS director Deanna Easthope reported. Santas Anonymous assisted 38 families this year, but had fewer donations. She is currently researching food bank possibilities. Elk Point now has a Victim Services board, and will have their next meeting Jan. 31. The group will use existing staff and volunteers to start with, St. Paul and District Victim Services coordinator Guy Genereux added.

RCMP Corp. Kevin McGillivray reported that the DARE program got underway last week in Elk Point, Heinsburg and Frog Lake, with Cst. Adam Bullock as facilitator.

McGillivray outlined the detachment's 2010 statistics, which showed 3,682 files in 2010 compared to 3,025 in 2009, with an 86.8 per cent clearance rate, up from 84 per cent in 2009. A total of 65 impaired driving charges were laid, compared to 43 in 2009, "and I believe it's because we're fully staffed and on the road more." Provincial tickets for driving offenses were 1,001 in 2010, up from 719. There were 186 collisions in 2010, down from 223, including collisions with wildlife. The new minimum amount of damage at which a collision must be reported is \$2,000 rather than \$1,000. Assaults were up to 195 from 144, with 23 sexual assaults, up 10 from the previous year.

BUY IT **SELL IT** **FIND IT**

IN THE CLASSIFIEDS